

Year 2023/24-PE long term overview

| Year group | Autumn Unit 1 | Autumn Unit 2 | Autumn Unit 3 | Spring unit 1 | Spring unit 2 | Summer unit 1 | Summer unit 2 |
|--|--|--|---|--|---|---|---|
| Nursery | Gym Tots – FMS – | Gym Tots – FMS | Dance Tots – FMS – | Dance Tots – FMS – | FMS – Body position, movement and speed | FMS – Body position, movement and speed | FMS – Body position, movement and speed |
| Year REC | Gymnastics | Gymnastics / Dance | Dance | Body management | Cooperation and solve problems | Manipulation and cooperation | Speed, agility, travel |
| Year 1 – MD Year 1 - HM | Gymnastics Attack, defend, shoot | Attack, defend, shoot Gymnastics | Hit, catch, run Hit, Catch, run | Dance Send and return | Send and return Dance | Gymnastics / send and return Send and return / Gymnastics | Run, Jump, Throw Run, Jump, Throw |
| Year 2 | Dance | Gymnastics | Attack, defend, shoot. | Hit, catch, run | Send and Return | Send and return / Gymnastics | Run, Jump, throw |
| Year 3 | Dance | Invasion games | Gymnastics | Net/ Wall games | Striking and fielding | Gymnastics / invasion games | Athletics |
| Year 4 – DG Year 4 – GT / CM | Gymnastics Invasion games | Invasion games Gymnastics | Dance Net / Wall games | Net / Wall games Striking and fielding | Striking and fielding Dance | Striking and fielding / invasion games Striking and fielding / invasion games | Athletics Athletics |
| Year 5 | Swimming group 1 Invasion games | Swimming Dance | Gymnastics swimming | Net / Wall games | Striking and fielding | Striking and fielding / invasion games | Athletics |
| Year 6 | Gymnastics | Invasion Games | Invasion games | Swimming group 1 Dance | Net / Wall | Striking and fielding | Athletics |
| All children will access the forest school each half term in their last slot of their PE | OAA | OAA | OAA | OAA | OAA | OAA | OAA |

Striking and fielding games – cricket, rounders

Net and wall games – tennis, table tennis, volleyball

Invasion games – rugby, netball, football, hockey, basketball

At the beginning of each new unit you will need to do a baseline so you have a starting assessment. This will allow you to plan from the judgements you have made. Please use previous years skills to do this.

Each unit will end with a core task – this is your final assessment that brings together everything the children have learned from the unit.

The core tasks will be designed using these sports. Therefore your planning must include skills that will develop these skills.

Please come and ask if you are unsure.

| Year group | Invasion games – 1 st unit | Invasion games 2 nd unit – Summer 1 | Net / Wall | Striking and fielding- 1 st unit | Striking and fielding – 2 nd Unit |
|------------|---------------------------------------|--|------------|---|--|
| 3 | Tag Rugby | Hockey | Badminton | Rounders | |
| 4 | Football | Netball | Badminton | Cricket | Rounders |
| 5 | Hockey | Basketball | Tennis | Cricket | Rounders |
| 6 | Tag Rugby | Netball | Volleyball | Cricket | Rounders |